## In the Claims:

Amend claims 34, 35, 58, and 59, and add new claims 63 - 70 as indicated below:

1-33 (cancelled).

34 (currently amended). A safety toggle bolt for anchoring to an object having a hole therethrough leading to an opening space, to provide fall protection to a user, comprising:

a flexible cable having a proximal end having an anchoring attachment;

a hole plug slidingly movable with respect connected to said cable, said hole plug having a hole plugging portion for centering said plug in the hole and a lip portion for fixing the position of said plug against the object; and

a toggle bar pivotally connected to a distal end of said cable and adapted for pivoting between a closed position for insertion through the hole into the opening space and an open position in which the toggle bar cannot be withdrawn from the opening space back through the hole, wherein an end of said toggle bar is adapted for locking engagement with said hole plug in said closed position ... the safety toggle bolt providing for the following functionality: (1) pivoting said toggle bolt to said closed position causes the safety toggle bolt to adopt a configuration in which said toggle bar can be inserted through the hole and into the opening space, (2) said hole plug can be positioned in the hole to constrain the passage of said flexible cable through the hole, and (3) pivoting said toggle bolt to

said open position once said toggle bar is inserted through the hole and into the opening space causes the safety toggle bolt to adopt a configuration in which said toggle bar cannot be withdrawn back through the hole, the safety toggle bolt thereby connecting the user to the object and providing fall protection to the user.

- 35 (previously presented). The safety toggle bolt of claim [[34]] 63, wherein said end of said toggle bar is adapted for releasable retention in a recess of said hole plug to provide said locking engagement.
- 36 (previously presented). The safety toggle bolt of claim 35, wherein said cable extends through a substantially centrally disposed aperture through said hole plug, and wherein said end of said toggle bar is tapered to provide for said retention.
- 37 (previously presented). The safety toggle bolt of claim 36, further comprising a plug biasing compression spring concentrically disposed around said cable for biasing said hole plug toward said toggle bar.
- 38 (previously presented). The safety toggle bolt of claim 35, further comprising a plug biasing spring for biasing said hole plug toward said toggle bar.
- 39 (previously presented). The safety toggle bolt of claim 34, further comprising a plug biasing spring for biasing said hole plug toward said toggle bar.
- 40 (previously presented). The safety toggle bolt of claim 39, further comprising a toggle bar pivot control member, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.

- 41 (previously presented). The safety toggle bolt of claim 38, further comprising a toggle bar pivot control member, wherein said flexible cable and said toggle bar pivot control member extend through respective apertures of said hole plug, at least one of said apertures being a hole through said plug, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.
- 42 (previously presented). The safety toggle bolt of claim 37, further comprising a toggle bar pivot control member extending through an aperture of said hole plug and having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.
- 43 (previously presented). The safety toggle bolt of claim 36, further comprising a toggle bar pivot control member extending through an aperture of said hole plug and having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.
- 44 (previously presented). The safety toggle bolt of claim 35, further comprising a toggle bar pivot control member, wherein said flexible cable and said toggle bar pivot control member extend through respective apertures of said hole plug, at least one of said apertures being a hole through said plug, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.
- 45 (previously presented). The safety toggle bolt of claim 34, further comprising a toggle bar pivot control member, wherein said flexible cable and said toggle bar pivot control member extend through respective apertures of said hole plug, at least one of said apertures being

a hole through said plug, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.

- 46 (previously presented). The safety toggle bolt of claim 45, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 47 (previously presented). The safety toggle bolt of claim 44, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 48 (previously presented). The safety toggle bolt of claim 43, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 49 (previously presented). The safety toggle bolt of claim 42, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 50 (previously presented). The safety toggle bolt of claim 41, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 51 (previously presented). The safety toggle bolt of claim 40, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 52 (previously presented). The safety toggle bolt of claim 39, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
- 53 (previously presented). The safety toggle bolt of claim 38, further comprising a toggle bar return spring for biasing said toggle bar in said open position.
  - 54 (previously presented). The safety toggle bolt of claim 37, further comprising a

toggle bar return spring for biasing said toggle bar in said open position.

55 (previously presented). The safety toggle bolt of claim 36, further comprising a toggle bar return spring for biasing said toggle bar in said open position.

56 (previously presented). The safety toggle bolt of claim 35, further comprising a toggle bar return spring for biasing said toggle bar in said open position.

57 (previously presented). The safety toggle bolt of claim 34, further comprising a toggle bar return spring for biasing said toggle bar in said open position.

58 (currently amended). A method for anchoring to an object having a hole therethrough leading to an opening space, to provide fall protection to a user, comprising the steps of:

providing a safety toggle bolt having a handle member and a toggle bar pivotally connected to the handle member;

connecting the user to the handle member;

locking the toggle bar in a closed position;

inserting the safety toggle bolt through the hole; and

pushing on the handle member so as to unlock the toggle bar from the closed position, wherein the toggle bar automatically opens to an open position, thereby connecting the user to the object and providing fall protection to the user.

59 (currently amended). A method for anchoring to an object having a hole therethrough leading to an opening space, to provide fall protection to a user, comprising the steps of:

providing a safety toggle bolt having a handle member, a toggle bar pivotally connected to the handle member, and a hole plug;

connecting the user to the handle member;

locking the toggle bar in a closed position;

inserting the safety toggle bolt through the hole so as to seat the hole plug in the hole;

pushing on the handle member so as to unlock the toggle bar from the closed position; and

releasing the handle member subsequent to said step of pushing, wherein the toggle bar is automatically pulled toward the hole plug, to automatically adjust the safety toggle bolt to the depth of the hole, thereby connecting the user to the object and providing fall protection to the user.

60 (previously presented). The safety toggle bolt of claim 40, wherein said flexible cable and said toggle bar pivot control member extend through respective apertures of said hole plug.

61 (previously presented). The safety toggle bolt of claim 60, further comprising a toggle bar return spring for biasing said toggle bar in said open position.

62 (cancelled).

63 (new). The safety toggle bolt of claim 34, wherein an end of said toggle bar is adapted for locking engagement with said hole plug in said closed position.

64 (new). The safety toggle bolt of claim 63, further comprising a plug biasing spring for biasing said hole plug toward said toggle bar.

65 (new). The safety toggle bolt of claim 64, further comprising a toggle bar pivot control member, wherein said flexible cable and said toggle bar pivot control member extend through respective apertures of said hole plug, at least one of said apertures being a hole through said plug, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.

The safety toggle bolt of claim 63, further comprising a toggle bar pivot control member, wherein said flexible cable and said toggle bar pivot control member extend through respective apertures of said hole plug, at least one of said apertures being a hole through said plug, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions.

67 (new). The safety toggle bolt of claim 66, further comprising a toggle bar return spring for biasing said toggle bar in said open position.

68 (new). The safety toggle bolt of claim 65, further comprising a toggle bar return spring for biasing said toggle bar in said open position.

69 (new). The safety toggle bolt of claim 64, further comprising a toggle bar return spring

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for biasing said toggle bar in said open position.

70 (new). The safety toggle bolt of claim 63, further comprising a toggle bar return spring for biasing said toggle bar in said open position.